



Outreach of **meditatio**
The World Community for Christian Meditation



TEACHING MEDITATION TO CHILDREN

The Forum is open to people actively involved with the spiritual well-being of the next generation: Educators, Day Care Professionals, Social Workers, Health Care Professionals, Parents, Government Leaders, Administrators, Clergy, Pastors, Lay Ministers, Youth Leaders.

FRIDAY, Oct. 4, 2013
9:30am to 4:30pm

OR

SATURDAY, Oct. 5, 2013
9:30am to 4:30pm

Research and experience show that children have a natural capacity for meditation. They enjoy it, and the benefits show.

Come and learn how we can make this universal life skill available to more children, helping them to deal better with the challenges and pressures ahead of them.

VENUE:

St. George's Anglican Church
77 Randall Drive, Ajax, Ontario
www.stgeorgeschurch.ca

REGISTER By: Sept. 15

To register, call:

MARILYN METCALFE: 905-831-2945

or email:

MEDIT8RMM@gmail.com

or download registration form:

wccm-canada.ca (click: EVENTS)

Dr. Cathy Day & Mr. Ernie Christie

*Director and Deputy Director
Townsville Catholic Education Office
Queensland, Australia*



Dr. Cathy Day and Mr. Ernie Christie designed and implemented a diocesan-wide Christian Meditation program for young people and their educators.

THE FORUM WILL ADDRESS THE FOLLOWING:

- The importance of teaching Christian Meditation to Children;
- How meditation is an inclusive form of prayer and promotes growth of the whole child;
- How to establish a Pilot Program and Teacher Formation;
- What Children, Teachers, and Parents Say.

**\$50 - includes forum materials,
lunch and refreshments**

Presented by:
AJAX and PICKERING Christian Meditation Groups, and
World Community for Christian Meditation - TORONTO