



CANADIAN CHRISTIAN MEDITATION COMMUNITY **2022 National Conference**



with **Dom Laurence Freeman, OSB**

Unified Consciousness: One Mind, One Heart

The journey of meditation is a quest for this unified consciousness.

at **Saint Paul University, 110 Hazel Street, Ottawa, Ontario**
Friday and Saturday, 10-11 June 2022



IN PERSON REGISTRATION

www.bit.ly/2022NationalConference

LIVE STREAM REGISTRATION

www.bit.ly/Online2022NationalConference

FOR MAIL IN REGISTRATION SEE FORM BELOW

www.wccm-canada.ca

REGISTRATION

Spaces are limited. Register early to avoid disappointment. Deadline: 30 April.

Name _____

Phone _____

Address _____

Email _____

I WISH TO REGISTER (CHECK ONE)

\$220 IN PERSON

Includes all sessions on Friday and Saturday, continental breakfast and lunch on Saturday.

Note: Does not cover cost of accommodation and parking.

\$50 LIVESTREAM

Includes access to all live streamed and recorded sessions on Friday and Saturday.

FOR IN-PERSON REGISTRATION ONLY:

Check if you require overnight accommodation

I wish to share a suite at the university residence with:

Dietary restrictions:

Special health or medical needs:

HOW TO REGISTER

OPTION 1

Online Registration

To register online, visit the **Events** page on our website, wccm-canada.ca.

At the 2022 National Conference announcement, click on your choice of **In Person** or **Live Stream**.

This will take you to **CanadaHelps** event registration.

Fill in the registration and payment information requested, and submit.

OPTION 2

Mail-In Registration

Print this form and fill in the registration and payment information requested.

Payment can be by cheque or money order to "Canadian Christian Meditation Community".

Or payment can be by credit card.

Visa MasterCard Discover

Card No. _____

Expiry Date _____

CVV* _____

*the three digits in the signature panel on the back of your card.

Signature _____

Date _____

Mail your completed registration form with full payment to:

Canadian Christian Meditation Community
c/o William Meek
734 Hamlet Road
Ottawa ON K1G 1P8

A refund will be provided if the conference is cancelled in order to comply with current public health restrictions.

As a non-profit community, we must make financial commitments and will not be able to provide a refund in response to a personal cancellation received after 30 April 2022.



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A Time to Renew... to Unify Mind and Heart

Over the last two years, the pandemic, climate crisis, and political unrest worldwide have divided and separated us. These crises have disconnected us from ourselves, our families and communities, the natural world, and the planet that we call home.

In the disruption of the present circumstances lies also opportunity and challenge for health and renewal. The debilitating effects of all these divisions now call us to return, to renew and restore ourselves in healthy relationships and in the unifying gift of God's presence in all.



Father Laurence Freeman, Director of the World Community for Christian Meditation and recipient of the Order of Canada for inter-faith dialogue currently lives in Bonnevaux, France, at the Center for Peace.

A Canadian citizen, Laurence Freeman makes his first visit to Canada since the pandemic to speak about the crucial importance of this time to restore our divided world. And, how the practice of meditation lays the foundation, by the unifying of mind and heart.

This is the particular moment in history we share and we cannot evade it. However dire it seems, it can unite us for the better. In a crisis comes opportunity. In a dark night comes dawn.

The contemplative mind is the unified consciousness of mind and heart. It restores health to society because with a single eye we see beyond dualities and polarities. As we look across the great divide at people with whom we can no longer converse, we begin to see and feel differently about them.

Laurence Freeman, January 2022

Accommodation

UNIVERSITY RESIDENCE

A limited number of suites are guaranteed available in the modern residence tower on campus. A suite contains a kitchenette, bathroom with shower, and two bedrooms – each with a double bed. In Person registrants requiring accommodation will be offered on a first-come-first-served basis one of the bedrooms and share the suite with a fellow registrant. The cost per room is \$62.50 and the cost per suite is \$125.00 payable upon arrival and check-in Friday, 10 June.

NEARBY HOTELS

You may personally arrange for a suite or room at one of the hotels near campus. For example, the Business Inn at 180 MacLaren Street, Cartier Place Suite Hotel at 180 Cooper Street, Embassy Hotel and Suites at 25 Cartier Street. Use your favourite hotel search app to locate and book a room at one of the fine hotels in the neighbourhood.

PARKING

Paid parking is available in a visitor parking lot on Hazel Street on the St Paul University campus east of Main Street and on nearby streets.

For enquiries, please contact william_meek@bell.net.

You are cordially invited to attend the **2022 National Conference** in person. Alternatively the 2022 National Conference will be available livestreamed over the internet as well as recorded.

REGISTRATION FEES

• \$220 IN PERSON

Includes all sessions on Friday and Saturday, continental breakfast and lunch on Saturday. Note: This fee does not cover cost of accommodation and parking.

• \$50 LIVESTREAM

Includes access to all livestreamed and recorded sessions on Friday and Saturday.

The Friday night opening session with Father Laurence is open to the public, **\$25 per person** payable upon arrival. If you are not registering for the conference, you may wish to attend this session. To reserve, email barbara_chouinard@hotmail.com

COVID-19 NOTES

Saint Paul University requires that you be fully vaccinated and provide proof of vaccination before being allowed on campus and stay in the residence. The conference will comply with current public health restrictions.

