

# The Canadian Christian Meditation Community

## ANNUAL APPEAL



Supporting the teaching of  
**Christian Meditation**

### The Website: [www.wccm-canada.ca](http://www.wccm-canada.ca)

The website gives you instant access to information about Christian meditation in Canada, including

- ✦ a complete up-to-date listing of groups and how you can reach them.
- ✦ a calendar of upcoming events
- ✦ the latest Newsletter
- ✦ a catalogue of publications & how to order them
- ✦ advice & resources for new group leaders
- ✦ a section on teaching meditation to children, together with a blog for teachers.

### Support the work of the WCCM

The Friends Program supports the work of the WCCM around the world. A separate annual appeal is made each year in spring, by the Canadian Coordinator. Individuals & groups are encouraged to give any help they can.

### How can you help continue the work of Christian Meditation in Canada?

Your ideas, input, suggestions and financial and volunteer support are most welcome. Many members of the Community have been most generous over the years. Are you one of them? Will you continue to be?

### Canadian Christian Meditation Community

P.O. Box 52, Station NDG  
Montreal, QC. H4A 3P4  
514-485-7928  
[christianmeditation@bellnet.ca](mailto:christianmeditation@bellnet.ca)  
[wccm-canada.ca](http://wccm-canada.ca)

## Annual Appeal: The Canadian Christian Meditation Community

I would like to make a donation of \$25  \$50  \$100  Other amount \_\_\_\_\_

Tax receipts will be issued for donations over \$25.

Name \_\_\_\_\_

Your name will be added to the

Mailing Address \_\_\_\_\_

Newsletter mailing list

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

or in PDF format by email

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Please make cheques payable to, and mail to:

Or by credit card:  Visa  Mastercard  Discover

**Canadian Christian Meditation Community (CCMC)**

P.O. Box 52, Station NDG  
Montreal, QC H4A 3P4

Card #: \_\_\_\_\_ Expiry: \_\_\_\_\_ / \_\_\_\_\_

## What do your donations support?

- ✿ Coordination of events through the National Council
- ✿ The National Resource Centre
- ✿ The School
- ✿ Teaching meditation in schools
- ✿ The Newsletter
- ✿ The website
- ✿ Bonnevaux



## Coordination of events

The National Council is headed by the National Coordinator. It consists of six regional members: the Atlantic provinces, Quebec, eastern and central Ontario, northwest Ontario and Manitoba, Saskatchewan and Alberta, and British Columbia, plus the coordinator of Méditation chrétienne du Québec.

The Council meets every two months by conference call, and face-to-face every two years at the National Conference.

Council members lend their encouragement and direction to the many activities held throughout Canada, including:

- ✿ coordinating national/regional events, retreats, conferences, and seminars.
- ✿ meeting and exchanging ideas with local meditators.
- ✿ organizing and leading School events.
- ✿ editing and distributing the quarterly newsletter.
- ✿ coordinating national tours by Fr. Laurence and other teachers.

## National Resource Centre

The National Resource Centre was established in 1992 to provide support to the Canadian meditation community. A small group of volunteers at the Montreal location, and others at a distance, nurture and support Christian meditation by providing the following services:

- ✿ maintains and distributes a range of books, CDs, DVDs and other materials to individuals, groups and events.
- ✿ accepts donations and issues tax receipts through the registered charity MEDITATIO.
- ✿ supports communications through mail, telephone and internet.
- ✿ holds regular scheduled meditation group meetings at the Montreal location.



## The School for Meditation

The purpose of the School is to guide and support those who feel called to share the gift of meditation, be it one-to-one, as a group leader, giving talks to newcomers.

A resource team organizes and conducts Essential Teaching weekends across the country, where participants can:

- ✿ deepen their knowledge of the tradition
- ✿ understand more fully the experience of meditation
- ✿ gain confidence in their ability to share the gift.

## Teaching meditation to children

A new program developed in Ontario for the introduction of meditation in schools.

- ✿ production and distribution of multimedia materials
- ✿ introductory workshops for educators
- ✿ ongoing support through the website and blog

## The Newsletter

Four times a year, the Newsletter publishes:

- ✿ news from meditation communities across the country
- ✿ a calendar of upcoming events
- ✿ personal reflections by meditators on their experience
- ✿ information on new publications
- ✿ The World Community for Christian Meditation International Newsletter

The National Resource Centre maintains a mailing list database and oversees the printing and distribution of 3,000 copies to individuals and institutions throughout Canada and to Canadian nationals in other parts of the world.

The Newsletter is funded through this appeal and by donations received through the renewal form in each issue. A complimentary subscription is given to all who contribute more than \$25 to the Annual Appeal.



## E-Newsletter

The Newsletter is also available in a full-colour electronic format delivered directly to your email address. The E-version is delivered much faster than the print version, and can be read on-screen or printed at home.

## Bonnevaux – Serving the Mission of the Future

The new International Centre for The World Community for Christian Meditation is being established at Bonnevaux near Poitiers in France. A scholarship fund has been set up to support the programs being offered by the Centre, and to enable individuals and groups of limited means to attend.