



In Person Christian Meditation Day

Saturday, November 18, 2023

9:45 am - 3:30 pm CT

At St. Paul's Anglican Church

830 North Drive

Winnipeg

*Christian Meditation is a practice of
simplicity, silence and stillness.*

It can be practiced by anyone.

We soon learn that we are always beginners.

*We are a part of
the Canadian Christian Meditation Community and the
World Community for Christian Meditation.*

For Information and to Register

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